



BLUE SKY BRIDGE

Child Abuse Intervention & Education

Therapist Referral List

Therapy can be a crucial part of your and your child's healing and recovery. We've been making referrals to the following therapists for years. They all specialize in issues of sexual abuse and trauma. By looking at the chart, you may be able to figure out who would best support your child according to the ages they work with and your financial needs.

| Name and Contact Information | Areas of Specialty | Financial Information |
|--|--|--|
| <p><u>Adriana Balentine, MSW, LCSW, CACII</u> 5277 Manhattan Circle #250 Boulder CO, 80303</p> <p>#303-817-9072 adriana@simcounseling.com</p> | <p>Specializes in adolescents and adults</p> <p>Childhood trauma Trauma sensitive movement (yoga, dance, somatic) Domestic Violence Substance Abuse/Addictions Boundaries TF-CBT, EMDR DBT, ACT Mindfulness Approaches</p> | <p>Accepts Victims Compensation</p> <p>Sliding Scale</p> |
| <p><u>Jackie Ashley, LPC, BC-DMT, ACS</u> Wild at Heart P.O. Box 153 Jamestown, CO 80455</p> <p>#720-308-2728 jackieashley9@gmail.com wildathearttherapy.com</p> | <p>Sexual and body-based trauma Somatic therapy Dance, movement, expressive therapy Equine facilitated psychotherapy</p> | <p>Accepts Victims Compensation</p> <p>Sliding Scale</p> |

| | | |
|--|--|--|
| <p><u>Lavinia Ball-Marian, MA, LPC</u> The Labyrinth Institute 2687 North Park Drive, Suite 103 Lafayette, CO 80026</p> <p>#720-432-7475</p> <p>lavinia@labyrinth-institute.com www.labyrinth-institute.com</p> | <p>English & Romanian Speaking</p> <p>Specializes in children 2-12 and families Sexual Abuse, Physical Abuse Trauma Domestic Violence Parenting Issues & Classes</p> <p>TF-CBT, EMDR Child-Parent Interaction Therapy Attachment focused family therapy/parenting</p> | <p>Accepts Victims Compensation</p> <p>Sliding Scale</p> <p>Private Insurance BCBS Cigna Some EAP</p> |
| <p><u>Christie Baryames, MA, LPC</u> 500 Coffman Street Suite 115 Longmont, CO 80501</p> <p>#303-817-4330</p> <p>PlayTherapy@comcast.net</p> | <p>Specializes in children, adolescents and adults</p> <p>Family & Parent Education Domestic Violence Physical abuse Play Therapy – Sand Tray Childhood Trauma LGBT/Gender Issues Sexual Abuse</p> | <p>Accepts Victims Compensation</p> <p>Sliding Scale</p> |
| <p><u>Daniel Baur, MA, LPC</u> 545 Collyer Street Longmont, CO 80501</p> <p>#303-995-6132 DanielJBaur@gmail.com</p> | <p>Specializes in children with sexual abuse trauma</p> <p>Family and Parent Education</p> <p>EMDR, TF-CBT</p> | <p>Accepts Victims Compensation</p> |
| <p><u>Donna Roe Daniell, LCSW</u> 7255 Lookout Road Gunbarrel, CO 8050</p> <p>www.findbalanceinyourlife.com www.women-in-transformation.com</p> <p>#303-682-5220 Donna@findbalanceinyourlife.com</p> | <p>Specializes in adolescents, adults, & families</p> <p>EMDR, TF-CBT Certified Internal Family Systems Therapist and Trainer Resilience training for professionals</p> <p>Group therapy for women navigating life transitions</p> | <p>Accepts Victims Compensation</p> |

| | | |
|---|---|---|
| <p><u>Paula de Oliveira Santos</u> 1361 Francis St, Suite 201D Longmont, CO 80501</p> <p>www.freshstartarttherapy.com</p> <p>#970-344-9871 fresharttherapy@gmail.com</p> | <p>Specializes in children, women, adults, & families</p> <p>Domestic Violence Sex Abuse Childhood Trauma Low Self-esteem, Women empowerment</p> <p>Transpersonal Counseling, Art Therapy, Jungian Psychology, Mindfulness based Psychotherapy</p> | <p>Sliding Scale</p> <p>Accepts Victims Compensation</p> |
| <p><u>Abigail M. Esquivel, LCSW</u> 3036 West 107th Place Unit C Westminster, CO 80031</p> <p>#720-644-9279 beandbelongcounseling@gmail.com</p> | <p>Specializes in children adolescents & families</p> <p>Play therapy EMDR Parent-Child Interaction Therapy (PCIT) TF-CBT Domestic Violence Parent coaching</p> | <p>Accepts Victims Compensation</p> <p>Cigna</p> |
| <p><u>Alida Fischer, LCSW, CACIII</u> 1200 Diamond Circle, Unit G. Lafayette, CO 80026</p> <p>#720-890-3809 alidafischertherapy@gmail.com</p> | <p>Specializes in pre-teens, adolescents, young adults and families</p> <p>Childhood trauma (abuse, sexual abuse) Youth with sexual behavior issues (SOMB Treatment Provider) EMDR, TF-CBT</p> | <p>Sliding Scale</p> |
| <p><u>Lisa Hassin</u> 545 Collyer St Longmont, CO 80501</p> <p>#720-588-3639 lisahassin@yahoo.com</p> | <p>Specializes in young children, adolescents and families EMDR Play/art/movement therapy Attachment focused therapy Early Intervention Developmental delays DBT trauma & divorce</p> <p>Spanish speaking</p> | <p>Accepts Victims Compensation</p> <p>Sliding Scale</p> <p>Anthem/BCBS Medicaid only with a primary medical diagnosis</p> |

| | | |
|--|--|--|
| <p><u>Alexandria Hayes, MA, LPC, NCC</u> The Labyrinth Institute 2687 North Park Drive, Suite 103 Lafayette, CO 80026</p> <p>#720-588-3639 alex@lab-inst.com www.labyrinth-institute.com</p> | <p>Specializes in adults</p> <p>Sexual Abuse, Physical Abuse Childhood and Adult Trauma Domestic Violence Substance Abuse/Addictions Anxiety and Depression EMDR, TF-CBT DBT Motivational Interviewing Trauma Dynamics</p> | <p>Accepts Victims Compensation</p> <p>Sliding Scale</p> |
| <p><u>Kristy Howlett, LCSW</u> 545 Collyer Street Longmont, CO 80501</p> <p>#303-587-4061 Kristyhaur13@gmail.com</p> | <p>Specializes in children & families</p> <p>Domestic Violence Sexual Abuse Play Therapist EMDR, TF-CBT Parenting Groups</p> | <p>Accepts Victims Compensation</p> |
| <p><u>Yumil Jimenez, M.Ed., LPC, CAC III</u> 1518 Main Street Suite 202 Louisville, CO 80027</p> <p>1485 South Colorado Blvd. Suite 300 B Denver, CO 80222</p> <p>#720-447-7577 #303-757-4410 aspentreatmentservicesoffice@gmail.com</p> | <p>Spanish & English Speaking</p> <p>Specializes in children, adolescents, adults and families</p> <p>Domestic Violence Substance Abuse Sex offending youth & adults EMDR</p> | <p>Accepts Victims Compensation</p> <p>Sliding Scale</p> <p>Private Insurance Medicaid</p> |
| <p><u>Elizabeth Konrath, LPC, RPT-S</u> 3333 Iris Avenue, suite 104 Boulder CO 80304</p> <p>#402-316-7092</p> | <p>Specializes in problematic sexual behaviors</p> <p>Foster care International adoption Certified Theraplay practitioner Parent coaching Trauma Focused Integrated Play Therapy</p> | <p>Sliding Scale</p> <p>Cigna</p> |

| | | |
|---|--|--|
| <p><u>Megan Cronin Larson, MSW, LCSW</u> 2800 Folsom (located @ The Joy Collective) Boulder, CO #720-822-0141</p> <p>Avibrantmind@gmail.com Avibrantmindllc.com</p> | <p>Specializes in children and adolescents</p> <p>Synergetic Play Therapy Brainspotting DBT Mindfulness Approaches Trauma, Divorce, Parent Education</p> | <p>Accepts Victims Compensation</p> <p>Sliding Scale</p> |
| <p><u>Johanna Lindau, MA, LPC</u> 75 Manhattan Drive, Suite 206 Boulder, CO 80303</p> <p>#831-345-1430 johannalindau1@gmail.com www.lindauwellness.com</p> | <p><u>Spanish & English Speaking</u></p> <p>Specializes in trauma and attachment Adolescents, adult and family</p> <p>Brainspotting, TF-CBT Sandtray, Play Therapy DBT and Mindfulness</p> | <p>Accepts Victims Compensation</p> <p>Sliding Scale</p> <p>Some insurance- Blue Cross Blue Shield United Cigna Magellan</p> |
| <p><u>Melissa Lockman, LCSW, MA, PRE, CFL, SEP</u> JOY Collective 2800 Folsom, Suite D Boulder, CO 80304</p> <p>#303-818-8505 melissa@melissalockman.com</p> | <p>Specializes in children & adults with trauma</p> <p>Somatic Experiencing (trauma modality) Domestic Violence Play Therapy Perinatal Mental Health Infant & Toddler Mental Health DBT and Mindfulness</p> | <p>Accepts Victims Compensation</p> <p>Sliding Scale</p> |
| <p><u>Bette Sheldon Long, Ph.D</u> 100 Arapahoe Ave #7 Boulder, CO 80302</p> <p>709 Kimbark Longmont, CO 80501</p> <p>#303-546-2728</p> | <p>Specializes in working with children, adolescents & adults with trauma.</p> <p>PTSD Domestic Violence Play/Sand Tray Therapy Brainspotting/EMDR Mental Health Axes I & II Diagnosis</p> | <p>Accepts Victims Compensation</p> <p>Sliding Scale</p> |

| | | |
|---|---|---|
| <p><u>Catherine Mathon</u></p> <p>1480 Lee Hill Dr. #7 Boulder, CO 80304</p> <p>Medicine Horse Program 8778 Arapahoe Rd. Boulder, CO 80303</p> <p>#720-507-6725 Catherine@opalcounselingcenter.com</p> | <p>Specializes in giftedness and trauma</p> <p>Gifted children Adoption (including international) Foster Care EMDR Synergetic Play Therapy Equine Assisted Therapy Mindfulness Based</p> | <p>Accepts Victims Compensation</p> <p>Sliding Scale</p> <p>Medicaid BCBS Optum (UHC) Aetna</p> |
| <p><u>Leslie McCormick, MA, LPC, R-DMT</u></p> <p>5378 Sterling Drive, #2 Boulder, CO 80301</p> <p>#720-284-1197 www.movementrevolutions.com lm@movementrevolutions.com</p> | <p><u>Spanish & English Speaking</u></p> <p>Specializes in supporting parents to resolve trauma that impacts children. Infant Preschool Mental Health, Parenting, Parent Child Interaction TF-CBT, Dance Movement Therapy</p> | <p>Accepts Victims Compensation</p> <p>Sliding Scale</p> |
| <p><u>Diane Melendez, LPC</u></p> <p>2222 14th Street Boulder, CO 80302</p> <p>#720-298-9391 www.dianemelendez.com bohiquecounseling@gmail.com</p> | <p><u>Spanish & English Speaking</u></p> <p>Specializes in teens, adults and family therapy.</p> <p>Domestic Violence Substance Abuse/Addictions EMDR Somatic Experiencing Mindfulness-Based Techniques Solution Focused Brief Therapy</p> | <p>Sliding Scale (\$65-80)</p> |
| <p><u>The Trauma Center at Mental Health Partners</u></p> <p>#303-443-0400 www.movingtoendsexualassault.org</p> | <p><u>Spanish & English Speaking</u></p> <p>Specializes in teens (13+) and adults</p> <p>Sexual trauma EMDR Sensorimotor treatment</p> | |

| | | |
|---|--|--|
| <p><u>Mental Health Partners of Boulder</u> 529 Coffman St. Suite 300 Longmont, CO 80501 303-684-0555</p> <p>899 Highway 287 Suite 300 Broomfield, CO 80020 303-466-3007</p> <p>1333 Iris Ave. Boulder, CO 80304</p> <p>303-413-6263</p> | <p>Specializes in working with children, adolescents, adults, & families</p> | <p>Accepts Medicaid</p> |
| <p><u>Brynn Miller, LPC</u> 1221 Pearl Street Boulder, CO 80302</p> <p>Brynn@boulderthrive.com www.boulderthrive.com #303-859-2654</p> | <p><u>Spanish & English Speaking</u> Specializes in the treatment of children & adolescents with trauma & PTSD.</p> <p>Domestic Violence EMDR, TF-CBT Play Therapy Attachment</p> | <p>Accepts Victims Compensation</p> <p>Sliding Scale</p> <p>Accepts Medicaid</p> <p>CIGNA Anthem/BCBS</p> |
| <p><u>Kim Miller, LCSW</u> 100 Arapahoe Ave. Suite 7 Boulder CO, 80302</p> <p>#303-818-0731 kimmillerlcsw@gmail.com</p> | <p><u>Spanish & English Speaking</u> Specializes in the treatment of adolescents and adults with trauma & PTSD.</p> <p>Brainspotting Grief Hakomi</p> | <p>Sliding Scale</p> |
| <p><u>Jenny Mills, MA, LPC</u> 17301 W. Colfax Ave Building 200, Suite 200 Golden, CO 80401</p> <p>#303-653-3123 jmillscounseling@gmail.com</p> | <p>Specializes in children (3+), adolescents & adults</p> <p>Trauma Sexual and Physical Abuse/Neglect Domestic Violence TF-CBT</p> | <p>Accepts Victims Compensation</p> |

| | | |
|---|---|--|
| <p><u>Lyndy Modesitt, LPC</u> 545 Collyer Street Longmont, CO 80501</p> <p>#303-557-8863 lyndymodesitttherapist@gmail.com</p> | <p>Specializes in young children, adolescents & families</p> <p>Domestic Violence Sexual Abuse Trauma and Abuse Play Therapist TF-CBT IFS; Attachment-Centered/Relationship-Oriented Therapy Therapeutic Supervisor</p> | <p>Accepts Victims Compensation</p> <p>Sliding Scale</p> |
| <p><u>Hannah Lang Salander, LPC</u> P.O. Box 17573 Boulder, CO 80308</p> <p>#575-224-1312 hsalander@yahoo.com</p> | <p>Specializes in trauma, working with children, adolescents & adults</p> <p>Transpersonal counseling Art therapy Circle of Security EMDR</p> | |
| <p><u>Kathleen Salmon, LCSW, RPT</u> PO Box 20261 Boulder, CO 80308</p> <p>#720-903-2870 KathleenSalmonLLC@gmail.com KathleenSalmon.com</p> | <p>Specializes in trauma, working with children age 3+, and adolescents LGBTQ Adoptions and foster care Domestic violence Parenting</p> <p>EMDR Synergetic Play Therapy DBT</p> | <p>Accepts Victims Compensation for Boulder and Larimer counties</p> |
| <p><u>Charlene Slover, PSY.D</u> 7850 Vance Drive #155 Arvada, CO 80003 #303-427-8225 charlenesloverpsyd@gmail.com</p> | <p>Specializes in trauma, working with children, adolescents & adults</p> <p>Domestic Violence TF-CBT, EMDR</p> | <p>Accepts Victims Compensation</p> |

| | | |
|---|---|---|
| <p>Christine Springer, MA-MFT, LPC 2299 Pearl Street Ste 402-E Boulder, CO 80302</p> <p>#303-956-0900 www.cspringercounseling.com Christine.springer@comcast.net</p> | <p>Specializes in trauma, working with adolescents, adults and families. Parent education & crisis work Domestic Violence Grief & Loss TF-CBT, EMDR, DBT Trauma & Abuse Adoption Neurofeedback</p> | <p>Accepts Victims Compensation</p> <p>Sliding Scale</p> <p>Optum Health, United Health, Health Advocate EAP, Mines & Associates</p> |
|---|---|---|

COMMONLY ACCEPTED FORMS OF THERAPY FOR TRAUMA-RELATED ISSUES

TF-CBT

Trauma Focused Cognitive Behavioral Therapy (TF-CBT) is a clinically based treatment that involves individual sessions with the child and parent as well as joint parent-child sessions. The TF-CBT treatment model is informed by effective interventions for adult PTSD and for non-PTSD child anxiety disorders, and by cognitive and learning theories about the development of PTSD in children. The goal of TF-CBT is to address the unique bio-psychosocial needs of children with Post-Traumatic Stress Disorder (PTSD) or other problems (e.g. depression, anxiety, anger) related to traumatic life experiences (e.g. sexual abuse, domestic violence). This therapy is for children ages 3 to 18 who have significant behavioral and emotional difficulties that are related to traumatic life events, even if they do not meet full diagnostic criteria for PTSD. TF-CBT has been used effectively with boys and girls from all socioeconomic backgrounds, who have lived in a variety of settings, and who are from diverse ethnic groups (http://www.ucdmc.ucdavis.edu/caare/training/training_tfcbt.html).

EMDR

Eye Movement Desensitization and Reprocessing, or EMDR, is a powerful new psychotherapy technique which has been very successful in helping people who suffer from trauma, anxiety, panic disturbing memories, post traumatic stress and many other emotional problems. Until recently, these conditions were difficult and time consuming to treat. EMDR is considered a breakthrough therapy because of its simplicity and the fact that it can bring quick and lasting relief for most types of emotional stress.

The EMDR therapy uses bilateral stimulation, right/left eye movement, or tactile stimulation, which repeatedly activates the opposite sides of the brain, releasing emotional experiences that are “trapped” in the nervous system. This assists the neurophysiological system, the basis of the mind/body connection, to free itself of blockages and reconnect itself (<http://emdr-therapy.com>).

BRAINSPOTTING

Brainspotting (BSP) is used with all areas of trauma, including survivors of war, natural disasters, and abuse. It is possible to release trauma from either a distressed or calm place in the body. The power of BSP is that one does not necessarily have to relive the traumatic event at the same level of intensity as the original trauma. Because of this, it is possible to resolve the trauma in a more contained manner. Trauma and stress can often overwhelm the nervous system. With the support of the therapist, BSP helps the client discharge the trauma and calm the nervous system (<http://rockymountainbrainspottinginstitute.com>).