

Therapy Referral List

Contact Information	Specialty	Payment Options	Language
<p>Clinica Family Health and Wellness ◆</p> <p>Lafayette Clinic- 1455 Dixon Ave Lafayette, CO 80026 - MESA and Moving Beyond Trauma</p> <p>Ryan Wellness Center- 1000 Alpine Avenue, Boulder, CO 80304</p> <p>St. Vrain Community Hub- 515 Coffman Street, Longmont, CO 80501</p> <p>For additional locations please visit MHP website</p> <p>Phone: (303) 443-8500 Email: admissions@mhpcolorado.org Website: https://mhpcolorado.org/services</p>	<p>Age Groups: Children Adolescents Adults Family</p> <p>Modalities: TF-CBT EMDR AFCBT DDP</p>	<p>Private Insurance: Aetna, Cigna United, Anthem, Humana, Kaiser, Bright Health, UC Health,</p> <p>Crime Victim Compensation</p> <p>Medicaid: CHP+ Sliding Scale</p>	<p>Spanish</p> <p>English</p>
<p>Christie Baryames, MA, LPC ◆</p> <p>Location: TMH only Phone: 303-817-4330</p> <p>Email: PlayTherapy@comcast.net</p>	<p>Age Groups: 10 yrs and over Adults</p> <p>Modalities: Family & Parent Education Domestic Violence Physical abuse Childhood Trauma LGBTQ+/Gender Issues Sexual Abuse</p>	<p>Crime Victim Compensation Sliding Scale Pro-bono</p>	<p>English</p>
<p>Boulder Thrive ◆</p> <p>2500 30th Street, Suite 303, Boulder, CO Location: 80301 Phone: 303-859-2654</p> <p>Email: support@boulderthrive.com Website: www.boulderthrive.com</p>	<p>Age Groups: Children Adolescents</p> <p>Modalities: Domestic Violence EMDR TF-CBT LGBTQ+ Eating Disorders Trauma PTSD OCD</p>	<p>Private Insurance- Anthem, Blue Cross Blue Shield Crime Victim Compensation Medicaid Sliding Scale</p>	<p>Spanish</p> <p>English</p>
<p>Colorado Healing Collective</p> <p>Location: 229 Terry Street, Longmont, CO 80501 Phone: 303-578-0527</p> <p>Email: info@coloradohealingcollective.com Website: www.coloradohealingcollective.com</p>	<p>Age Groups: Children Adults Family</p> <p>Modalities: Play Therapy Group Therapy EMDR Trauma Informed Treatment</p>	<p>Private Insurance: Cigna, UnitedHealthCare Medicaid: RMHP, Colorado Access, CCHA</p> <p>Self Pay</p>	<p>English</p> <p>Spanish</p>
<p>Kellee Scannell, LMFT-S, RPT-S ◆</p> <p>8461 Turnpike Drive, Suite 208 Location: Westminster, CO 80031 Phone: 720-295-2424</p> <p>Email: kellee@anchorcounselingco.com Website: https://anchorcounselingco.com/</p>	<p>Age Groups: Children 2-8</p> <p>Modalities: EMDR Play Therapy Parent Coaching Circle of Security Trauma </p>	<p>Private Insurance: Kaiser, Aetna Medicaid Self Pay</p>	<p>English</p>

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<p style="text-align: center;">Lyndy Modesitt, MA, LPC ♦</p> <p>Location: 627 Kimbark St. Longmont, CO 80501 Phone: (303)557-8863</p> <p>Email: Lyndymodesitttherapist@gmail.com</p>	<p>Age Groups: Children, Teen and Adults</p> <p style="text-align: center;">Internal Family Systems (IFS) Play Therapy TF-CBT Attached-centered, relationship-oriented</p> <p>Modalities: Therapy Sexual Assault & Abuse Domestic Violence</p>	<p>Accepts victims compensation, Out-of-network insurance, Sliding scale</p>	<p>English</p>
<p style="text-align: center;">Sara Bitting, LCSW ♦</p> <p>Location: 1650 38th St. #100e Boulder, CO 80301 Phone: (720) 924.2402</p> <p>Email: sarabittingtherapy@gmail.com Website: https://www.livingbravelytherapy.com/</p>	<p>Age Groups: 10 & up Teens & Young Adults</p> <p style="text-align: center;">TF-CBT CBT-DBT Couples & Families Trauma </p> <p>Modalities: Foster & adoption</p>	<p>Accepts United & Aetna</p>	<p>English</p>
<p style="text-align: center;">Christine Springer, MA-MFT, LPC, Art Therapist ♦</p> <p>Location: 1651 38th St. #100e Boulder, CO 80301 Phone: (303) 956-0900</p> <p>Email: cspringercounseling@gmail.com http://www.cspringercounseling.com/clinical-services.html</p> <p>Website: cal-services.html</p>	<p>Age Groups: 14+ Non-offending caregivers</p> <p style="text-align: center;">Psychotherapy (Theoretically Eclectic) Eye Movement Desensitization and Reprocessing (EMDR) Art Therapy Dialectical Behavior Therapy (DBT) Trauma Focused Cognitive Behavioral Therapy (</p> <p>Modalities: TF-CBT) Neurofeedback</p>	<p>Victim Compensation</p> <p>Self pay but can provide superbill</p>	<p>English</p>

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<p>Denise Bertrand, LCSW ◆</p> <p>Starting with You Therapy Location: 500 Coffman St #204, Longmont 80501 Phone: 720-340-8692 Email: dlovato@startingwithyouththerapy.com Website: https://www.startingwithyouththerapy.com/</p>	<p>Age Groups: all ages</p> <p>Modalities: EMDR DBT Trauma-focused Individual or family Strength based Play therapy Behavioral Therapy</p>	<p>Private Insurance: Medicaid, Cigna, United Healthcare, Aetna, Anthem, Blue Cross Blue Shield, Kaiser, Victims Comp, Tri West</p>	English
<p>Josh Goldman, LCSW</p> <p>Location: 1200 28th St. Boulder, CO 80303 Phone: 720-730-8654 Email: joshgoldmantherapy@gmail.com Website: http://joshgoldmantherapy.com</p>	<p>Age Groups: 9 and up</p> <p>Modalities: Domestic Violence DBT Sexual Abuse Anxiety Depression PTSD EMDR</p>	<p>Private Insurance: Aetna, Anthem, Blue Cross Blue Shield, CU Gold, Out of Network</p>	English
<p>Liz Zuk, LPC</p> <p>Location: 1630 Dry Creek Drive Suite 100B Longmont, CO 80503 Phone: (720) 794-5432 970-806-3695 Email: Website: https://lifestance.com/</p>	<p>Age Groups: 18 and under Family</p> <p>Modalities: LGBTQ+ DBT CBT Developmental Disabilities Anxiety Depression Behavior Issues Gender Identity</p>	<p>Private Insurance: Aetna, Cigna, PNOA, Anthem Blue Cross Blue Shield MHP UnitedHealthcare PHCS</p>	Spanish English

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<p>Ellie Mental Health Louisville ♦</p> <p>Location: 225 West South Boulder Road Suite 103 Louisville, CO 80027</p> <p>Phone: (720) 740-3092</p> <p>Email: https://elliementalhealth.com/locations/louisville-co/</p> <p>Website: https://elliementalhealth.com/locations/louisville-co/</p>	<p>Age Groups: 6 yrs and above</p> <p>Modalities: Play Therapy, EMDR, Somatic therapy</p>	<p>Private Insurance: Majority of insurances accepted</p> <p>Medicaid: Colorado Access, RMPH</p> <p>Medicare</p>	English
<p>Encompass</p> <p>1890 N. Revere Ct., Suite 4020 Aurora, CO Location: 80045</p> <p>Phone: 303-724-2235</p> <p>Email: encompassprogram@cuanschutz.edu</p> <p>Website:</p>	<p>Age Groups: Adolescents Young adults</p> <p>Modalities: Substance use disorders and co-occurring mental health problems</p>	<p>Varies by provider, please contact provider for more information</p> <p>TMH and in-person option</p>	English
<p>Boulder Psychological Services</p> <p>Location: 2305 Canyon Blvd #101, Boulder, CO 80302</p> <p>Phone: 720-217-3270</p> <p>Email: info@boulderpsychologicalservices.com</p> <p>Website: https://www.boulderpsychologicalservices.com/</p>	<p>Age Groups: All Ages Family Groups</p> <p>Modalities: Synergistic Play Therapy PTSD Trauma Psychological Assessments Learning disabilities LGBTQ+ </p>	<p>Varies by provider, please contact provider for more information</p>	English

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<p>KidStuff Child and Family Counseling Location: Longmont Greeley Ft. Collins Loveland Westminster Colorado Springs Grand Junction Durango Phone: 970-775-7061 Email: Website: https://www.kidstuffcounseling.com/</p>	<p>Age Groups: All ages Family Group Modalities: CBT DBT Mindfulness-Based Stress Reduction (MBSR) Art Therapy Play Therapy EMDR Solution-Focused Brief Therapy (SFBT) </p>	<p>Private Insurance: Cigna, UnitedHealthCare UMR Medicaid: RMHP, Colorado Access, CCHA, CHP+, Health First Colorado, Carelon Crime Victim Compensation Centura</p>	English
<p>Journey Inward Counseling 4790 Table Mesa Drive, Suite #108 Boulder, CO 80305 Phone: (720) 263-0334 Email: manager@journeyinwardcounseling.net Website: https://journeyinwardcounseling.net/</p>	<p>Age Groups: All ages Family Modalities: Art Therapy Parent-Child Interaction Therapy (P-CIT) PCAT (Parent-Child Attunement Therapy) Reunification/Family Restructuring Therapy</p>	Varies by provider, please contact provider for more information	English
<p>All in Stride- Angeliqe Saunders, MA, LPCC Location: 11968 Mineral Road Longmont, CO 80504 Phone: (720) 583-3977 Email: allinstridecounseling@gmail.com Website: www.allinstridecounseling.com</p>	<p>Age Groups: All ages Modalities: Equine Facilitated Psychotherapy (EFP), CBT, DBT</p>	Medicaid	English
<p>Longmont Counseling Center - Mary Ellen Carlson 255 Weaver Park Road, Suite 207, Longmont, CO 80501 Phone: (970) 480-8796 Email: Website: https://www.longmontcounselingcenter.com/</p>	<p>Age Groups: Toddlers 6-10yo Preteen Teen Adults Modalities: TF-CBT Play Therapy Parent-Child therapy IFS</p>	Self-pay	English
<p>I Matter. Location: Virtual & In-person Phone: Email: support@imattercolorado.org Website: https://imattercolorado.org/ Spanish Website: http://yoimportocolorado.org</p>	<p>Age Groups: 17 and under Modalities: varies by provider</p>	FREE for up to 6 sessions	Spanish English

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Rise Against Suicide Website: Rise Against Suicide	Age Groups: 19 and under	FREE	Spanish English
SPAN - Safehouse Progressive Alliance for NonViolence Phone: 303-444-2424 Email: hotline@safehousealliance.org Website: https://www.safehousealliance.org/services/counseling/	Age Groups: 12 and up Modalities: Individual and Group Family Resiliency Program, Legal Team	FREE 8 Sessions for Adults 12 Sessions for Youth	Spanish English
Safe Shelter of St. Vrain Valley Phone: 303-772-4242 Email: info@safeshelterofstvrain.org Website: https://www.safeshelterofstvrain.org/	Legal advocacy Support Crisis Counseling		Spanish English