Blue Sky Bridge
Child Advocacy Center

Directory of Community Providers

Contact Information	Specialty	Payment Options	Languag
Clinica Family Health and Wellness ❖ **Locations:** **Lafayette Clinic - MESA and Moving Beyond Trauma** 1455 Dixon Ave Lafayette, CO **Ryan Wellness Center**- 1000 Alpine Avenue, Boulder, CO **St. Vrain Community Hub**- 515 Coffman St, Longmont, CO For additional locations please visit MHP website **Phone:** (303) 443-8500 **Email:** admission_and_referrals@clinica.org **Website:** mhpcolorado.org	**Age Groups:** Children | Adolescents | Adults | Family **Areas of Focus:** TF-CBT | EMDR | AFCBT | DDP	**Private Insurance:** Aetna, Cigna, United, Anthem, Humana, Kaiser (referral only), UC Health **Medicaid:** CHP+ Crime Victim Compensation Sliding Scale	English Spanish
Christie Baryames, MA, LPC ❖ **Format:** Virtual **Phone:** (303) 817-4330 **Email:** playtherapy@comcast.net	**Age Groups:** 10 yrs and over | Adults **Areas of Focus:** Family & Parent Education | Domestic Violence | Physical abuse | Childhood Trauma | LGBTQ+/Gender Issues | Sexual Abuse	Crime Victim Compensation Sliding Scale Pro-bono	English
Boulder Thrive ❖ **Location:** 2500 30th Street, Suite 303, Boulder, CO 80301 **Email:** support@boulderthrive.com **Website:** boulderthrive.com **Preferred Contact:** Website	**Age Groups:** Children | Adolescents **Areas of Focus:** Domestic Violence | EMDR | TF-CBT | LGBTQ+ | Eating Disorders | Trauma | PTSD | OCD	**Private Insurance:** Anthem, Blue Cross Blue Shield, Kaiser, United, and Aetna **Medicaid:** All regions Sliding Scale Crime Victim Compensation	English Spanish
Kellee Scannell, LMFT-S, RPT-S ❖ **Location:** 8461 Turnpike Drive, Suite 208 Westminster, CO 80031 **Phone:** (720) 295-2424 **Email:** kellee@anchorcounselingco.com **Website:** anchorcounselingco.com	**Age Groups:** Children 2-8 **Areas of Focus:** EMDR | Play Therapy | Parent Coaching | Circle of Security | Trauma	**Private Insurance:** Kaiser, Aetna, United **Medicaid** Self Pay	English
Sara Bitting, LCSW ❖ **Location:** 1650 38th St. #100e Boulder, CO 80301 **Phone:** (720) 924-2402 **Email:** sarabittingtherapy@gmail.com **Website:** livingbravelytherapy.com	**Age Groups:** 10 & up | Teens | Young Adults **Areas of Focus:** TF-CBT | CBT-DBT | Trauma | Foster & adoption | Couples | Families	**Private Insurance:** Accepts United & Aetna	English
Denise Bertrand, LCSW ❖ **Starting with You Therapy** **Location:** 500 Coffman St #204, Longmont 80501 **Phone:** (720) 340-8692 **Email:** dlovato@startingwithyoutherapy.com **Website:** startingwithyoutherapy.com	**Age Groups:** All ages **Areas of Focus:** EMDR | DBT | Trauma-focused | Strength based | Play therapy | Behavioral Therapy | Individual or family therapy	**Private Insurance:** Cigna, United Healthcare, Aetna, Anthem, Blue Cross Blue Shield, Kaiser, Tri **Medicaid** Crime Victim Compensation	English
Ellie Mental Health Louisville ❖ **Location:** 225 West South Boulder Road Suite 103 Louisville, CO **Phone:** (720) 740-3092 **Email:** BLRamsey@elliementalhealth.com **Website:** elliementalhealth.com	**Age Groups:** 6 yrs and above **Areas of Focus:** Play Therapy | EMDR | Family therapy | Grief therapy | Trauma Informed Treatment	**Private Insurance:** Majority of insurances accepted **Medicaid:** Colorado Access, RMPH **Medicare**	English
Galeras Therapy, PLLC ❖ **Location:** 3151 S Vaughn Way, Suite 660, Aurora, CO **Phone:** (303) 632-0054 **Email:** info@galerastherapy.com **Website:** galerastherapy.com	**Age Groups:** 4 to 17 years old **Areas of Focus:** Play Therapy | Creative Activities | EMDR | Anxiety | Tantrums | Transitions | Grief | Social Skills | Depression | School Stress | Identity | Peer Conflict | Communication	**Private Insurance:** Blue Cross Blue Shield, Cigna Self Pay Sliding scale Crime Victim Compensation Second Wind Fund	English Spanish

Blue Sky Bridge
Child Advocacy Center

Directory of Community Providers

Contact Information	Specialty	Payment Options	Languag
Medicine Horse ◆ **Location:** 7663 E. County Line Road, Longmont, CO 80504 **Phone:** (720) 883-8811 **Email:** info@medicinehorse.org **Website:** medicinehorse.org	**Age Groups:** Individual Therapy: All ages | Support groups 13-17 **Areas of Focus:** Equine Facilitated Therapy (EFT) | Equine Facilitated Learning (EFL) | Trauma-Focused Equine Assisted Psychotherapy (TR-EAP) | CBT | Signature Group Programs | Individual therapy | LGBTQ+ individuals | trauma survivors | Underserved youth	**Private Insurance:** Varies by provider, please contact provider for more information Support Groups are Free Sliding scale Crime Victim Compensation	English Spanish
Mayamotion Healing ◆ **Location:** Boulder **Phone:** (303) 835-7007 **Email:** info@mayamotionhealing.com **Website:** mayamotionhealing.com	**Age Groups:** All Ages | Adolescent | Youth **Areas of Focus:** Anxiety | Depression | Trauma | BIPOC | Culturally relevant psychotherapy | Individual Therapy | Couples Therapy | Family Therapy	**Private Insurance:** Aetna, Anthem Blue Cross, Blue Cross Blue Shield (in-network in CO, CA), Cigna, UMR, United Healthcare **Medicaid:** Health First Colorado Sliding Scale	English Spanish
The Redpoint Center ◆ **Locations: Boulder:** 2425 Canyon Blvd, Suite 250, Boulder, CO **Longmont:** 1831 Lefthand Cir, Suite H, Longmont, CO For additional locations please visit website **Phone:** (303) 219-0973 **Email:** BD@Theredpointcenter.com **Website:** theredpointcenter.com	**Age Groups:** Teens | Adults **Areas of Focus:** EMDR | Acceptance and Commitment | CBT | DBT | Experiential Therapy | Addiction Treatment | IOP | PHP | Family therapy Partial hospitalization and adult Programs available at other locations. Please visit website for more information.	**Private Insurance:** Aetna, Anthem Blue Cross, Blue Cross Blue Shield (in-network in CO, CA), Cigna, UMR, United Healthcare **Medicaid**	English
Audra Gallogly Counseling ◆ **Location:** 1120 W. South Boulder Rd, Suite 101-A, Lafayette, CO **Phone:** (303) 389-2793 **Email:** audragalloglycounseling@gmail.com	**Age Groups:** 3 and up **Areas of Focus:** Sexual Abuse | Trauma | Anxiety | Depression | Behavioral Concerns | CBT | DBT | Play Therapy | Client Centered	**Private Insurance:** Aetna, Anthem BCBS, Cigna, Kaiser, United/Optum, Denver Health, and various commercial/EAP networks. **Medicaid:** Pending Crime Victim Compensation	English
Little Bear Psychology, PLLC ◆ **Location:** 100 Arapahoe Ste 12, Boulder, CO, 80302 **Phone:** (303) 532-1763 **Email:** kristen@littlebearpsychology.com **Website:** littlebearpsychology.com	**Age Groups:** Children | Adolescents | Caregivers **Areas of Focus:** Trauma | Anxiety | Depression | Behavioral Problems | ADHD | Sleep Difficulties | Parenting Stress & Support | Parent-Child Interaction Therapy | Parent-Child Care | TF-CBT | Let's Connect trauma-informed parenting	**Private Insurance:** Aetna, Anthem BCBS, Cigna, Carelon Behavioral Health, Curative, and Select Health Self Pay	English
Charlie Health **Format:** Virtual Only **Phone:** (986) 206-0414 **Website:** charliehealth.com	**Age Groups:** 8 to 64 years old **Areas of Focus:** Virtual IOP | Individual Therapy | Family Therapy | Processing Groups | Skills-Building Groups | Experiential Groups | Medication Management (for SUD) | PTSD/CPTSD | ADHD | Anxiety | Depression | School Avoidance | Eating Disorders | Substance Use Disorder (SUD) | Suicidal Ideation | Maternal Mental Health Groups | Specialized Identity Groups (LGBTQ+, Spanish-speaking, Neurodivergent, BIPOC, Trauma-Informed/Girls-Only)	**Private Insurance:** Aetna, Anthem Blue Cross, Blue Cross Blue Shield, Cigna, United Healthcare, Humana, TRICARE **Medicaid** Self Pay Scholarships and hardship waivers are available	English Spanish
Josh Goldman, LCSW **Location:** 1200 28th St. Boulder, CO 80303 **Phone:** (720) 730-8654 **Email:** joshgoldmantherapy@gmail.com **Website:** joshgoldmantherapy.com	**Age Groups:** 9 and up **Areas of Focus:** Domestic Violence | DBT | Sexual Abuse | Anxiety | Depression | PTSD | EMDR	**Private Insurance:** Aetna, Anthem, Blue Cross Blue Shield, CU Gold, Out of Network	English

Blue Sky Bridge
Child Advocacy Center

Directory of Community Providers

Contact Information	Specialty	Payment Options	Languag
Colorado Healing Collective **Location:** 229 Terry Street, Longmont, CO 80501 **Phone:** (303) 578-0527 **Email:** info@coloradohealingcollective.com **Website:** coloradohealingcollective.com	**Age Groups:** Children | Adults | Family **Areas of Focus:** Play Therapy | Group Therapy | EMDR | Trauma Informed Treatment	**Private Insurance:** Cigna, UnitedHealthCare **Medicaid:** RMHP, Colorado Access, CCHA Self Pay	English Spanish
Boulder Psychological Services **Location:** 2305 Canyon Blvd #101, Boulder, CO 80302 **Phone:** (720) 217-3270 **Email:** info@boulderpsychologicalservices.com **Website:** boulderpsychologicalservices.com	**Age Groups:** All Ages | Family | Groups **Areas of Focus:** Synergistic Play Therapy | PTSD | Trauma | Psychological Assessments | Learning disabilities | LGBTQ+	Varies by provider, please contact provider for more information	English
KidStuff Child and Family Counseling **Locations:** Longmont| Greeley| Ft. Collins| Loveland| Westminster| Colorado Springs| Grand Junction| Durango **Phone:** (970) 775-7061 **Website:** kidstuffcounseling.com	**Age Groups:** All ages | Family | Group **Areas of Focus:** CBT | DBT | Mindfulness-Based Stress Reduction (MBSR) | Art Therapy | Play Therapy | EMDR | Solution-Focused Brief Therapy (SFBT)	**Private Insurance:** Cigna, UnitedHealthCare, UMR **Medicaid:** RMHP, Colorado Access, CCHA, CHP+, Health First Colorado, Carelon Crime Victim Compensation	English
Journey Inward Counseling **Location:** 4790 Table Mesa Drive, Suite #202 Boulder, CO 80305 **Phone:** (720) 263-0334 **Email:** manager@journeyinwardcounseling.net **Website:** journeyinwardcounseling.net	**Age Groups:** All ages | Family **Areas of Focus:** Art Therapy | Parent-Child Interaction Therapy (P-CIT) | PCAT (Parent-Child Attunement Therapy) | Reunification/Family Restructuring Therapy	**Private Insurance:** Aetna, Anthem BCBS, Cigna, UnitedHealthcare **Medicaid** Self Pay Sliding Scale	English
All in Stride- Angelique Saunders, MA, LPCC **Location:** 11968 Mineral Road Longmont, CO 80504 **Phone:** (720) 583-3977 **Email:** allinstridecounseling@gmail.com **Website:** allinstridecounseling.com	**Age Groups:** All ages **Areas of Focus:** Equine Facilitated Psychotherapy (EFP) | CBT | DBT	**Medicaid**	English
Longmont Counseling Center - Mary Ellen Carlson **Location:** 255 Weaver Park Road, Suite 207, Longmont, CO **Phone:** (970) 480-8796 **Email:** intake@longmontcounselingcenter.com **Website:** longmontcounselingcenter.com	**Age Groups:** Toddlers | 6-10yo | Preteen | Teen | Adults **Areas of Focus:** TF-CBT | Play Therapy | Parent-Child therapy | IFS	Self-pay	English
I Matter. **Location:** Statewide (Varies by provider) **Email:** support@imattercolorado.org **Website:** imattercolorado.org	**Age Groups:** 18 and under | 18 to 21 years of age if receiving special education service **Areas of Focus:** varies by provider	FREE for up to 6 sessions	English
Rise Against Suicide **Website:** **riseagainstsuicide.org**	**Age Groups:** 19 and under **Areas of Focus:** Suicide prevention	FREE	English Spanish
SPAN - Safehouse Progressive Alliance for NonViolence **Phone:** (303) 444-2424 **Email:** hotline@safehousealliance.org **Website:** safehousealliance.org	**Age Groups:** 12 and up **Areas of Focus:** Individual Therapy | Group Therapy Family Resiliency Program | Legal Team	FREE 8 Sessions for Adults 12 Sessions for Youth	English Spanish

❖= Direct Referral Partner

Updated 11/13/2026

Blue Sky Bridge
Child Advocacy Center

Directory of Community Providers

Contact Information	Specialty	Payment Options	Languag
Safe Shelter of St. Vrain Valley **Phone:** (303) 772-4242 **Email:** info@safeshelterofstvrain.org **Website:** safeshelterofstvrain.org	**Services:** Legal advocacy Support Crisis Counseling		English Spanish
Colorado's 24/7 Human Trafficking Hotline **Phone:** (866) 455-5075 **Textline:** (720) 999-9724 **Website:** combathumantrafficking.org	Community resources Legal service providers Support Crisis Social Service Agencies FBI's human trafficking task force		English Spanish
WellMind Connection y CAT (Community Assistance & Treatment) **Phone:** (303) 441-1300 **Email:** WellMind@bouldercounty.gov **Email:** CAT@bouldercounty.gov **Website:** wellmindconnection.org	**Age Groups:** All ages **CAT Program:** Anxiety or depression | Parenting or family stress | Relationship challenges | Trauma, grief, or loss | School-related stress | Caregiver burnout | Substance use | Communication struggles Community Resources	Free	English Spanish
Colorado OCD & Anxiety Treatment **Location:** 2975 Valmont Road, Boulder 80301 **Phone:** (720) 213-6077 **Email:** Info@COOCDAnxietyTreatment.com **Website:** coloradoocdanxietytreatment.com	**Age Groups:** All ages **Areas of Focus:** Exposure Response Prevention Therapy | Inference Cognitive Behavioral Therapy | Supportive Parenting for Anxious Childhood Emotions | Dialectical Behavioral Therapy | Play Therapy | EMDR | Work with OCD | ADHD | ASD | Eating Disorder | Individual Therapy | Family Therapy | Couples Therapy | Parent groups	Does not accept insurance but will provide superbill	English
DBT Groups (Dialectical Behavior Therapy)			
Center for Effective Treatment **Location:** 1137 Pearl Street, Suite 203, Boulder, CO 80302 **Format:** Hybrid (In-Person & Virtual) **Phone:** (720) 502-0892 **Email:** DrAbbott@EffectiveTreatment.com **Website:** effectivetreatment.com	**Teens Ages 13 - 17** **Every Wednesday, Thursday, 4:15 P.M. - 5:45 P.M.** **Skills taught:** Mindfulness | Distress Tolerance | Emotional Regulation | Interpersonal Effectiveness **Support with:** Anger Management | Autism | Substance Use Disorder | PTSD (Post-Traumatic Stress Disorder) | Eating Disorders | Depression | Anxiety | Self-Harming Behaviors | Impulse Control Disorders	**Self Pay** **Price:** $150 per 90-minute group (Superbills provided for out-of-network insurance submission)	English
Define Your Duende **Location:** 4790 Table Mesa Dr, Boulder, CO 80305 **Format:** In-Person **Email:** elizabethdriscoll@defineyourduende.org **Website:** defineyourduende.com	**Teens Ages 13 - 17** **Tuesdays, 6:00 P.M.** **Skills taught:** Mindfulness | Distress Tolerance | Emotional Regulation | Interpersonal Effectiveness	**Self Pay** Price: Initial Clinical Consultation: $135 | $360/month	English
Therapy Matters **Location:** 400 Main Street, Suite 101, Louisville, CO 80027 **Phone:** (720) 684-9845 **Email:** info@therapymattersllc.com **Website:** therapymattersllc.com	**Teens Ages 13 - 17** **15 weeks** **Skills taught:** Mindfulness | Distress Tolerance | Emotional Regulation | Interpersonal Effectiveness | Radical Acceptance **Support with:** PTSD | Substance Use Disorder | PTSD | CPTSD | Life Transitions | Grief and Loss	**Payment options Unknown** Price: $85 per 90-minute group session	English

❖= Direct Referral Partner

Updated 11/13/2026