



## CAREGIVER & PARENT SUPPORT GROUP

For Non-Offending Caregivers of Child Survivors of Sexual Abuse

A supportive caregiver is the #1 factor in a child's ability to overcome trauma. Join Blue Sky Bridge for these FREE groups, with monthly drop-in sessions or a 6-week support group. All Sessions are held at 2617 Iris Hollow Pl. Boulder CO 80304

*Monthly Drop-In Sessions are held Monday evenings from 6-7 pm*

- **January 27:** Self-Care
- **February 24:** Boundaries and the Healing Process
- **March 16:** Child Sexual Abuse and the Family
- **May 18:** Offender Behavior and Keeping Children Safe
- **June 22:** Child Development & Parenting Tips
- **July 27:** Self-Care
- **August 31:** Boundaries and the Healing Process
- **September 28:** Child Sexual Abuse and the Family
- **November 16:** Offender Behavior and Keeping Children Safe
- **December 7:** Child Development & Parenting Tips

*A closed, 6-week psycho-educational support group available from 6-7:30 pm*

- March 23 to April 27
- July 9 to August 13 (SPANISH)
- October 5 to November 9

*Topics Include*

- Self-Care
- Effects on the child and family
- Boundaries
- Raising sexually healthy children
- The healing process
- Offender behavior

*Please RSVP to join a group*

For more information and to RSVP, please contact our Family Support Advocate:  
Erik (epadilla@blueskybridge.org)  
303.444.1388

**BLUE SKY BRIDGE**  
Child Abuse Intervention & Education