



## Reading Resources

### Books for Children About Prevention

Federico, J. *Some parts are not for sharing*. Mustang, OK: Tate Publishing and Enterprises, LLC, 2008

Freeman, L., & C. Deach. *It's my body: A book to teach young children how to resist uncomfortable touch*. Seattle, WA: Parenting Press, 1982.

Hammerseng, K. *Telling isn't tattling*. Seattle, WA: Parenting Press, 1995.

Johnsen, K. *The trouble with secrets*. Seattle, WA: Parenting Press, 1986

Spelman, C. *Your body belongs to you*. Morton Grove, IL: Albert Whitman & Company, 2000.

### Books for Parents/Professionals about Prevention

Abel, G. *The stop child molestation book: What ordinary people can do in their everyday lives to save 3 million children*. Philadelphia, PA: Xlibris Corporation, 2001.

Cash, Hillary, & McDaniel, Kim. *Video Games & Your Kids – How Parents Stay in Control*

Davis, John A., L.C.S.W. *Don't Take It Personally: a parent's guide to surviving adolescence*. Boulder, CO: Break Inn Books, 2004.

Faber, Adele., & Mazlish, Elaine. *Siblings Without Rivalry, How to Talk So Teens Will Listen and Listen So Teens Will Talk, How To Talk So Kids Will Listen & Listen So Kids Will Talk*.

Goleman, Daniel. *Emotional Intelligence – Why it can matter more than IQ*

Gottman, John. *Raising An Emotionally Intelligent Child – The Heart of Parenting*.

Hart-Ross, J. *Protect your child from sexual abuse: A parent's guide*. Seattle, WA: Parenting Press, 1984.

Karp, Harvey, M.D. *The Happiest Toddler on the Block – The New Way to Stop the Daily Battle of the Wills and Raise a Secure and Well-Behaved One to Four Year Old*

Kavelin-Popoy, Linda. *The Family Virtues Guide – Simple Ways to Bring Out the Best in Our Children and Ourselves*.

Kraizer, S. *The safe child book: A commonsense approach to protecting children and teaching children to protect themselves*. New York: Simmon & Shuster, 1985.

Riera, Michael. *Uncommon Sense for Parents With Teenagers and Staying Connected to Your Teenager – How to Keep Them Talking to You and How to Hear What They're Really Saying*.

Rosenberg, Marshall. *Non-Violent Communication*

Popkin, Michael, Ph.D., & Einstein, Elizabeth, LMFT. *Active Parenting for Step-parents*

Seligman, Martin. *Authentic Happiness*

Sterling, Diana. *The Parent as Coach Approach – Helping your teen build a life confidence, courage and compassion*.

Siegel, Dan, M.D., & Hartzell, Mary, M.Ed. *Parenting from the Inside Out – How a Deeper Self-Understanding Can Help You Raise Children Who Thrive*.

Sunderland, Margot. *The Science of Parenting – How today's brain research can help you raise happy, emotionally balanced children*.

Tschirhart-Sandford, L. *The silent children: A book for parents about the prevention of child sexual abuse*. New York: Anchor Books, 1980.

Wurtele, S.K., Ph.D. and F. Berkower M.S.W. *Off Limits: A Parent's Guide to Keeping Kids Safe from Sexual Abuse*. Brandon, VT: Safer Society Press, 2010.

### **Materials for Survivors of Sexual Abuse**

Adams, J. *The colors within: One rainbow reclaimed*. Philadelphia, PA: Xlibris Corporation, 2006.

Bailey Wright, L., & M. Loiselle. *Back on track: Boys dealing with sexual abuse*. Brandon, VT: The Safer Society Press, 1999.

Kehoe, P. *Something happened and I'm scared to tell: A book for young victims of abuse*. Seattle, WA: Parenting Press, 1987.

### **Books on Healing and Recovery**

Adams, C. *Helping your child recover from sexual abuse*. Seattle, WA: University of Washington Press, 1992.

Bonner, Barbara L., Ph.D. *Taking action: Support for families of adolescents with illegal sexual behavior*. Brandon, VT: Safer Society Press, 2009.

Brohl, K., and J. Case-Potter. *When your child has been molested: A parents' guide to healing and recovery*. San Francisco, CA: Josey-Bass, 2004.

Feuereisen, P., and C. Pincus. *Invisible girls: The truth about sexual abuse – A book for teen girls, young women, and everyone who cares about them*. Berkeley, CA: Seal Press, 2005.

Gartner, R., and W. Pollack. *Beyond betrayal: Taking charge of your life after boyhood sexual abuse*. Hoboken, NJ: John Wiley & Sons Inc., 2005.

Gil, E. *Outgrowing the pain: A book for and about adults abused as children*. New York: Dell Publishing, 1983.

Van Derbur, M. *Miss America by day: Lessons learned from ultimate betrayals and unconditional love*. Colorado: Oak Hill Ridge Press, 2004.

Wiehe, V. *The brother/sister hurt: Recognizing the effects of sibling abuse*. Brandon, VT: The Safer Society Press, 1996.

### **Sexuality Education Books: Young Children**

Starishevsky, Jill. *My Body Belongs to Me*. NY, NY: Safety Star Media, 2007.

King, Zack & Kimberly. *I Said NO!*. Weaverville, CA: Boulden Publishing, 2010.

Holsten, Jon. *The Swimsuit Lesson*. Fort Collins, CO: Holsten Books, 2011.

Kleven, Sandy, LCSW. *The Right Touch*. Bellevue, Washington: Illumination Arts, 2010.

Brooks, R. and S. Perl. *So that's how I was born*. New York: Simon & Schuster Books for Young Readers, 1983.

Brown, Laura Kransy, and Marc Brown. *What's the big secret? Talking about sex with girls and boys*. Boston: Little, Brown Young Readers, 2000.

Cavanagh, T. *Understanding children's sexual behaviors: What's natural and healthy*. Oakland, CA: New Harbinger Publications, 1999.

Eyre, L., and R.Eyre. *How to talk to your child about sex: It's best to start early, but it's never too late – A step-by-step guide for parents*. New York: Golden Guides from St. Martin's Press, 1999.

Mayle, P. *Where did I come from?* New York: Lyle Stuart Books, 2000.

Miller, Patricia Martens. *Sex Is Not A Four-Letter Word!: Talking Sex With Your Children Made Easier*. New York: NY, Crossroad Publishing, 1994.

Richardson, J., and A. Schuster. *Everything you never wanted your kids to know about sex, but were afraid they'd ask: The secrets to surviving your child's sexual development from birth to the teens*. New York: Crown Publishers, a division of Random House Inc., 2003.

### **Sexuality Education Books: Preteens**

Cole, J. *Asking about sex and growing up: A question and answer book for boys and girls*. New York: HarperCollins, 1988.

Gitchel, S., and L. Foster. *Lets talk about S-E-X*. Minnetonka, MN: Book Peddlers, 2005.

Madaras, L. *The "what's happening to my body?" book for boys*. New York: Newmarket, 2007

Madaras, L. *The "what's happening to my body?" book for girls*. New York: Newmarket, 2007.

Mayle, P. *What's happening to me. Answers to the world's most embarrassing questions*. Secaucus, NJ: L. Stuart, 1975.

### **Sexuality Education Books: Parents and Teens**

Bell Alexander, R., and L. Zeigler-Wildflower. *Talking with your teenager. A book for parents*. New York: Random House Press, 1983.

Calderone, M., and E. Johnson. *Family book about sexuality*. New York: Harper and Row, 1981.

Howard, M. *How to help your teenager postpone sexual involvement*. New York: Continuum Publishing Company, 1988.

Roddman, Deborah M. *Sex & Sensibility: The Thinking Parent's Guide to Talking Sense about Sex*.

Sutton, R. *Hearing us out: Voices from the gay and lesbian community*. Toronto: Little Brown and Company, 1997

The Medical Institute for Sexual Health; Cox, Melissa R., editor. *Questions Kids Ask About Sex: honest answers for every age*. Grand Rapids, MI: Revell, 2005.

### **PreTeen:**

Bradley, M.J. *Yes, Your Parents Are Crazy!: A Teen Survival Guide*. Gig Harbor, WA: Harbor Press Inc., 2004.

### **General Parenting**

Bradley, M.J. *Yes, Your Teen is Crazy!: Loving Your Kid Without Losing Your Mind*. Gig Harbor, WA: Harbor Press Inc., 2003.

Bradley, M.J. *When Things get Crazy with Your Teen: The Why, the How, and What to do Now*. McGraw-Hill Company, 2009.

Kaplowitz, Paul, M.D., Ph.D. *Early Puberty in Girls: The Essential Guide To Coping With This Common Problem*. New York: Random House, 2004.

Rimm, Sylvia, P.h.D. *Growing Up Too Fast: The Secret World of American's Middle Schoolers*. Rodale, 2005.

Cash, Hillary, & McDaniel, Kim. *Video Games & Your Kids – How Parents Stay in Control*

Goleman, Daniel. *Emotional Intelligence – Why it can matter more than IQ*.

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Kraizer, S. *The safe child book: A commonsense approach to protecting children and teaching children to protect themselves*. New York: Simmon & Shuster, 1985.

Riera, Michael. *Uncommon Sense for Parents With Teenagers and Staying Connected to Your Teenager – How to Keep Them Talking to You and How to Hear What They're Really Saying*.

Rosenberg, Marshall. *Non-Violent Communication*

Popkin, Michael, Ph.D., & Einstein, Elizabeth, LMFT. *Active Parenting for Step-parents*

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Sunderland, Margot. *The Science of Parenting – How today's brain research can help you raise happy, emotionally balanced children*.

### **Domestic Violence:**

Bancroft, L. *Why does he do that?: Inside the Minds of Angry and Controlling Men*. New York: The Perkle Publishing Group, 2002.

Weiss, E. *Surviving Domestic Violence: Voices of Women Who Broke Free*. Agreka Tm Llc, 2004.

### **Domestic Violence and Children:**

McAlister Groves, B. *Children Who See Too Much: Lessons from the Child Witness to Violence Project*. Boston, MA: Beacon Press, 2002.

Pierce, Sara B. *On a Dark, Dark Night*. Longmont, CO: Longmont Ending Violence Initiative (L.E.V.I.), 2009.

### **Websites:**

[www.siecus.org](http://www.siecus.org) (Sexuality Information and Education Council of the United States)

[www.sexedlibrary.org](http://www.sexedlibrary.org) (Recent data on sex ed program efficacy and on adolescent sexual behavior)

[www.uua.org/socialjustice/issues/comprehensivesexuality/](http://www.uua.org/socialjustice/issues/comprehensivesexuality/) (The Unitarian Universalist Association)

[www.apa.org/releases/sexeducation.htm](http://www.apa.org/releases/sexeducation.htm) (The American Psychological Association)

[www.avert.org/sexedu.htm](http://www.avert.org/sexedu.htm) (AVERT is a UK-based international AIDS charity, good article on "sex ed that works")