



The Importance of Therapy for your Child

Blue Sky Bridge is committed to ensuring that all children who have received services at the agency have access to specialized mental health evaluation and treatment.

We know that mental health treatment is an important part of a child's healing and that addressing the impact of trauma on the child significantly reduces harm and decreases the risk for future abuse.

Therapy can help a child work through difficult, confusing and painful feelings in a safe setting. Therapy also provides children with the tools for going forward and leading healthy, productive lives.

You will be provided today with a referral list of highly trained, specially qualified therapists with experience in the field of sexual abuse. These therapists have been carefully selected by the staff of Blue Sky Bridge. These practitioners have worked for years with children and families who are dealing with the impact of trauma.

Please call your Family Support Advocate if you need any assistance in finding a therapist or if you have questions about the process of therapy.

Websites for Information on the Benefits of Therapy for Abused Children

National Children's Advocacy Center Research Library:
Play Therapy for Abused and Traumatized Children; An Annotated Bibliography
www.nationalcac.org/professionals/library/docs/Play-Therapy-Bibliography.pdf

The National Child Traumatic Stress Network:
Play Therapy as Treatment of Choice for Traumatized Children
www.traumaawareness.org:80/id20.html

Therapy for Abused and Neglected Children: Infancy to Age 18
www.childwelfare.gov/pubs/usermanuals/treatmen/treatmene.cfm

Jim Hopper, PhD: *Child Abuse; Statistics, Research, and Resources*
www.jimhopper.com/abstats/#help